

PR 117: Vancouver to Manila ECY (Mar/Apr/May)

HOT MEAL

Bread Roll and Butter

Potato and Roast Beef Salad

Mains

Chicken Afritada

Filipino chicken stew served with mixed vegetables and steamed rice

Peppercorn Beef Stew

Stewed beef served with green beans and mashed potatoes

Dessert

Carrot Cake

SNACKS

Squash and Mushroom Empanada

Cookies

BREAKFAST

Bread Roll and butter

Seasonal Fruit Slices



Mains

Pork Tapa and Scrambled Eggs

Served with mushrooms, tomato wedge, and garlic rice

Scrambled Eggs with Tomatoes

Served with potatoes and turkey sausages