

PR 117: Vancouver to Manila ECY (July/Aug)

## **HOT MEAL**

**Bread Roll and Butter**

**Quinoa and Turkey Salad**

## **Mains**

**Floured Deep Fried Basa**

*Served with escabeche sauce, stir-fried bell peppers, onion, and turmeric rice*

**Pork Provencal Stew**

*Served with fried potatoes, and vegetable medley*

## **Dessert**

**Tiramisu Cake**

## **REFRESHMENTS**

**Roast Beef and Swiss Sandwich**

**Cookies**

## **BREAKFAST**

**Bread Roll and butter**

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**Seasonal Fresh Fruits**

## **Mains**

**Prawns in Sarciado Sauce**

*Served with mushroom, tomato, and scrambled egg*

**Scrambled Eggs with Cheddar**

*Served with hashbrown patties and turkey bacon*

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