

PR 119: Toronto to Manila PECY (July/Aug)

## **HOT MEAL**

**Bread Roll and Butter**

**Quinoa and Turkey Salad**

## **Mains**

**Chicken Afritada**

*Filipino chicken stew served with mixed vegetables and steamed rice*

**Peppercorn Beef Stew**

*Stewed beef served with green beans and mashed potatoes*

## **Dessert**

**Tiramisu Cake**

## **SNACKS**

**Roast Beef and Swiss Sandwich**

**Cookies**

## **BREAKFAST**

**Bread Roll and butter**

**Seasonal Fruit Slices**

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# Mains

## **Pork Tapa and Scrambled Eggs**

*Served with mushrooms, tomato wedge, and garlic rice*

## **Scrambled Eggs with Tomatoes**

*Served with potatoes and turkey sausages*

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