

PR 119: Toronto to Manila PECY (Dec)

HOT MEAL

Bread Roll and Butter

Quinoa and Turkey Salad

Mains

Chicken Afritada

Filipino chicken stew served with mixed vegetables and steamed rice

Peppercorn Beef Stew

Stewed beef served with green beans and mashed potatoes

Dessert

Tiramisu Cake

MID-FLIGHT SNACKS

Roast Beef and Swiss Cheese Sandwich

Cookies

BREAKFAST

Bread Roll and butter

Seasonal Fruit Slices

Mains

Pork Tapa and Scrambled Eggs

Served with mushrooms, tomato wedge, and garlic rice

Scrambled Eggs with Tomatoes

Served with potatoes and turkey sausages
